

SENIOR MALES

Time	Number	Name	Town	Club
01:22:47	165	Tim Higginbottom	Mold	Eryri
01:26:12	155	James McQueen	Conwy	Eryri Harriers
01:27:11	159	Rowland Stafford	Welshpool	Mercia
01:30:04	157	Iwan McRuton	Caernarfon	Eryri Harriers
01:30:23	146	Richard Thomas	Darwen, Lancashire	Eryri Harriers
01:30:42	149	Scott Butterworth	Llandudno	Eryri Harriers
01:30:49	63	Stephen P Jones	Colwyn Bay	Eryri
01:31:33	167	Sean Bowland	Lancaster	Bowland FR
01:32:20	168	Calfyn Wyn Hughes	Blaenau Ffestiniog	-
01:33:01	158	Owen Rees	Hereford	Bro Dysyni
01:35:02	170	Simon Edwards	Mold	Buckley Runners
01:37:42	160	Mathew Roberts	Caernarfon	Eryri
01:37:47	150	Gareth Williams	Y Fali, Caergybi	Eryri
01:38:25	151	Ben Beachell	Llanfairfechan	Eryri
01:40:33	156	Paul Stinton	Flint	Clwydian Rangers
01:42:40	161	Craig Walker	Birmingham	Calder Valley
01:43:30	169	Sevs Phillips	Betws-Y-Coed	Eryri Harriers
01:44:39	154	Rhys Williams	Newport	Mynyddwyr De Cymru
01:47:32	148	Craig South	Tanygrisiau, Blaenau Ffestiniog	
01:49:29	67	Richard Borne	Abergele	Eryri
01:51:10	163	Alan Heath	Wallasey	WFRA
01:51:50	147	Neil Lewis	Peterchurch, Hereford	MDC
01:52:11	62	Jim Davis	Chester	Clwydian Range Runners
01:55:07	145	Jason Worrall	Middleton	Middleton Harriers
01:59:06	69	Glyn Jones	Meifod	WRFA
02:04:05	166	Jan Danilo-Gargacki	Huddersfield	Holmford Carriers
02:10:50	162	Alistair Craig	Pantymwyn	
02:12:06	152	Jeremy Bright	Abergele	Mystruns
02:14:47	153	Ben Amesbury	Ruthin	Clwydian Range Runners
02:15:50	164	Darren Thomas	Llanllyfni	-